

Your JOURNEY  
from mourning  
to JOY

# GRIEF SHARE

## GRIEF RECOVERY SUPPORT GROUP

***If you've lost someone close to you, or know someone who has, consider our weekly GriefShare seminar/support group. We know it hurts; we want to help.***

**Starting  
Feb 8,  
Mondays  
7-8:30pm**

Following the death of a loved one, grief is real but it is not an enemy or a sign of weakness. It is a sign of being human. It is the cost of loving someone. Grief is the process in which we work through this loss.

Grief recovery is simply "feeling better." It is the ability to find joy in life again. The journey from mourning to joy shouldn't be walked alone. We believe that the foundation for healing from the pain of grief is in a personal relationship with JESUS CHRIST. A grief support group helps build that foundation to help that grieving process.

GriefShare is a 13-week Christ-centered ministry tool used in churches around the world. GriefShare groups help people face challenges and move towards rebuilding their life. Each weekly session has three distinct elements: video seminar, support group discussion, and personal study and reflection. See the GriefShare website for more information — [www.griefshare.org](http://www.griefshare.org).

There is no need to pre-register, and the only cost is \$12 for materials.

Questions? You may call the church office at 913-782-0140 and speak with Pastor Mark.



**First Presbyterian Church of Olathe**  
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